

The Children's Academy

October 2017 Breakfast, Lunch, and Snack Menu

| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <p>2</p> <p>LUNCH: Beanie Wienies, Green Beans, Mixed Fruit, Saltines, Milk</p> <p>AFTERNOON SNACK: Cheese Balls & 100% Juice</p> | <p>3</p> <p>LUNCH: Spaghetti w / Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Animal Crackers & 100% Juice</p> | <p>4</p> <p>LUNCH: Chicken Nuggets, Carrots, Peaches, Milk</p> <p>AFTERNOON SNACK: Goldfish & 100% Juice</p> | <p>5</p> <p>LUNCH: Soft Tacos, Corn, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Pretzels & 100% Juice</p> | <p>6</p> <p>LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Vanilla Wafers & 100% Juice</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>9</p> <p>LUNCH: Chef Salad w/Ham, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Cheese Balls & 100% Juice</p> | <p>10</p> <p>LUNCH: Hot Dogs, French Fries, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Animal Crackers & 100% Juice</p> | <p>11</p> <p>LUNCH: Beef Nachos, Corn, Applesauce, Milk</p> <p>AFTERNOON SNACK: Goldfish & 100% Juice</p> | <p>12</p> <p>LUNCH: Macaroni & Cheese w/Ham, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Pretzels & 100% Juice</p> | <p>13</p> <p>LUNCH: Meat Pizza, , Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Vanilla Wafers & 100% Juice</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>16</p> <p>LUNCH: Spaghetti Alfredo w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Cheese Balls & 100% Juice</p> | <p>17</p> <p>LUNCH: Corn Dogs, French Fries, Applesauce, Milk</p> <p>AFTERNOON SNACK: Animal Crackers & 100% Juice</p> | <p>18</p> <p>LUNCH: Taco Salad, Applesauce, Milk</p> <p>AFTERNOON SNACK: Goldfish & 100% Juice</p> | <p>19</p> <p>LUNCH: Ham Sandwiches, Carrots, Applesauce, Milk</p> <p>AFTERNOON SNACK: Pretzels & 100% Juice</p> | <p>20</p> <p>LUNCH: Meat Pizza, , Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Vanilla Wafers & 100% Juice</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>23</p> <p>LUNCH: Pig in Blanket, Cole Slaw, Applesauce, Milk</p> <p>AFTERNOON SNACK: Cheese Balls & 100% Juice</p> | <p>24</p> <p>LUNCH: Spaghetti w / Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Animal Crackers & 100% Juice</p> | <p>25</p> <p>LUNCH: Quesadilla Beef, Corn, Applesauce, Milk</p> <p>AFTERNOON SNACK: Goldfish & 100% Juice</p> | <p>26</p> <p>LUNCH: Macaroni & Cheese w/Ham, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Pretzels & 100% Juice</p> | <p>27</p> <p>LUNCH: Ham Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Vanilla Wafers & 100% Juice</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>30</p> <p>LUNCH: Chef Salad w/Ham, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Cheese Balls & 100% Juice</p> | <p>31</p> <p>LUNCH: Hot Dogs, French Fries, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Animal Crackers & 100% Juice</p> | <table border="1"> <thead> <tr> <th colspan="7">Sep 2017</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th colspan="7">Nov 2017</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> </tr> </tbody> </table> | | | Sep 2017 | | | | | | | M | T | W | T | F | S | S | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | Nov 2017 | | | | | | | M | T | W | T | F | S | S | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |
| Sep 2017 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Breakfast: Monday-Cinnamon Toast, Fruit, and Milk / Tuesday-Pop Tart, Fruit, and Milk / Wednesday-Cheese Toast, Fruit, and Milk / Thursday-Biscuit and Jelly, Fruit, and Milk / Friday-Cheerios, Fruit, and Milk