

The Children's Academy

March 2019 Breakfast, Lunch, and Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
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<p>4</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Orange Chicken w/ Rice, Broccoli, Pineapple, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>5</p> <p>MORNING SNACK: Carrots w/ Ranch, Saltines</p> <p>LUNCH: Spaghetti w/ Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>6</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Grilled Chicken Bites, Ranch Beans, Mashed Potatoes, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p>7</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Soft Tacos, Corn, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>8</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		
<p>11</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Chef Salad w/ Turkey, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>12</p> <p>MORNING SNACK: Carrots w/ Ranch, Saltines</p> <p>LUNCH: Veggie Cheese Burgers w/ Bun, Corn, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>13</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Beef Nachos, Corn, Applesauce, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p>14</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Macaroni & Cheese w/ Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>15</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		
<p>18</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Spaghetti Alfredo w/ Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>19</p> <p>MORNING SNACK: Carrots w/ Ranch, Saltines</p> <p>LUNCH: Baked Potato w/ Cheese, Broccoli, Apricot, Roll, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>20</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Taco Salad, Applesauce, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p>21</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Turkey Sandwiches, Carrots, Applesauce, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>22</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		
<p>25</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Chicken Noodle Soup, Saltines w/ Cheese, Carrots, Applesauce, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>26</p> <p>MORNING SNACK: Carrots w/ Ranch, Saltines</p> <p>LUNCH: Spaghetti w/ Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>27</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Quesadilla Beef, Corn, Applesauce, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p>28</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Macaroni & Cheese w/ Turkey Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>29</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		

Breakfast: Monday-Bagel, Crème Cheese, Mandarin Oranges, Milk / Tuesday-Pancakes, Peaches, Milk / Wednesday-Sausage Biscuit, Banana, Milk / Thursday-English Muffin, Cheese, Peaches, Milk / Friday- Rice Krispies, Apple Slices, Milk