

# The Children's Academy

## July 2019 Breakfast, Lunch, and Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																									
<p><b>1</b></p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Orange Chicken w/Rice, Broccoli, Pineapple, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p><b>2</b></p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Spaghetti w/Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p><b>3</b></p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Grilled Chicken Bites, Ranch Beans, Mashed Potatoes, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p><b>4</b></p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>July 4th Holiday (School Closed)</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 5px;"> <p>For purposes of tuition holidays count as a full day of attendance.</p> </div>	<p><b>5</b></p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																									
<p><b>8</b></p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Chef Salad w/Turkey, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p><b>9</b></p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Cheese Burgers w/Bun, Corn, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p><b>10</b></p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Beef Nachos, Corn, Applesauce, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p><b>11</b></p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Macaroni &amp; Cheese w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p><b>12</b></p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																									
<p><b>15</b></p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Spaghetti Alfredo w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p><b>16</b></p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Baked Potato w/Cheese, Broccoli, Apricot, Roll, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p><b>17</b></p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Taco Salad, Applesauce, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p><b>18</b></p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Grilled Chicken Bites, Ranch Beans, Mashed Potatoes, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p><b>19</b></p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																									
<p><b>22</b></p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Chef Salad w/Turkey, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p><b>23</b></p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Spaghetti w/Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p><b>24</b></p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Quesadilla Beef, Corn, Applesauce, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<p><b>25</b></p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Macaroni &amp; Cheese w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p><b>26</b></p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																									
<p><b>29</b></p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Spaghetti Alfredo w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p><b>30</b></p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Cheese Burgers w/Bun, Corn, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p><b>31</b></p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Grilled Chicken Bites, Ranch Beans, Mashed Potatoes, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Blueberries, Rice Cakes, Water</p>	<div style="display: flex; justify-content: space-around;"> <table border="1" style="border-collapse: collapse; text-align: center;"> <caption>Jun 2019</caption> <thead> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> </tr> </tbody> </table> <table border="1" style="border-collapse: collapse; text-align: center;"> <caption>Aug 2019</caption> <thead> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td></td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td></td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td></td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td> </tr> </tbody> </table> </div>		M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11		12	13	14	15	16	17	18		19	20	21	22	23	24	25		26	27	28	29	30	31		
M	T	W	T	F	S	S																																																																																							
					1	2																																																																																							
3	4	5	6	7	8	9																																																																																							
10	11	12	13	14	15	16																																																																																							
17	18	19	20	21	22	23																																																																																							
24	25	26	27	28	29	30																																																																																							
M	T	W	T	F	S	S																																																																																							
				1	2	3	4																																																																																						
5	6	7	8	9	10	11																																																																																							
12	13	14	15	16	17	18																																																																																							
19	20	21	22	23	24	25																																																																																							
26	27	28	29	30	31																																																																																								

Breakfast: Monday-Bagel, Crème Cheese, Mandarin Oranges, Milk / Tuesday-Pancakes, Peaches, Milk / Wednesday-Sausage Biscuit, Banana, Milk / Thursday-English Muffin, Cheese, Peaches, Milk / Friday- Rice Krispies, Apple Slices, Milk