

The Children's Academy

September 2020 Breakfast, Lunch, and Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																
	1 MORNING SNACK: Carrots w/Ranch, Saltines LUNCH: Spaghetti w/Meat Sauce, Green Beans, Mixed Fruit, Milk AFTERNOON SNACK: Chex Mix, Bananas, Water	2 MORNING SNACK: Goldfish, Apple Slices LUNCH: Chef Salad w/Turkey, Mixed Fruit, Saltines, Milk AFTERNOON SNACK: Blueberries, Rice Cakes, Water	3 MORNING SNACK: Yogurt, Raisins LUNCH: Soft Tacos, Corn, Mixed Fruit, Milk AFTERNOON SNACK: Orange Slices, Animal Crackers, Water	4 MORNING SNACK: Animal Crackers, Bananas LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water																																																																																																																
7 Labor Day Holiday (School Closed) For purposes of tuition holidays count as a full day of attendance.	8 MORNING SNACK: Carrots w/Ranch, Saltines LUNCH: Cheese Burgers w/Bun, Corn, Mandarin Oranges, Milk AFTERNOON SNACK: Chex Mix, Bananas, Water	9 MORNING SNACK: Goldfish, Apple Slices LUNCH: Taco Salad, Applesauce, Milk AFTERNOON SNACK: Blueberries, Rice Cakes, Water	10 MORNING SNACK: Yogurt, Raisins LUNCH: Macaroni & Cheese w/Chicken, Green Beans, Mixed Fruit, Milk AFTERNOON SNACK: Orange Slices, Animal Crackers, Water	11 MORNING SNACK: Animal Crackers, Bananas LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water																																																																																																																
14 MORNING SNACK: Graham Crackers, Banana LUNCH: Spaghetti Alfredo w/Chicken, Green Beans, Mixed Fruit, Milk AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water	15 MORNING SNACK: Carrots w/Ranch, Saltines LUNCH: Spaghetti w/Meat Sauce, Green Beans, Mixed Fruit, Milk AFTERNOON SNACK: Chex Mix, Bananas, Water	16 MORNING SNACK: Goldfish, Apple Slices LUNCH: Chef Salad w/Turkey, Mixed Fruit, Saltines, Milk AFTERNOON SNACK: Blueberries, Rice Cakes, Water	17 MORNING SNACK: Yogurt, Raisins LUNCH: Soft Tacos, Corn, Mixed Fruit, Milk AFTERNOON SNACK: Orange Slices, Animal Crackers, Water	18 MORNING SNACK: Animal Crackers, Bananas LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water																																																																																																																
21 MORNING SNACK: Graham Crackers, Banana LUNCH: Baked Potato w/Cheese, Broccoli, Peaches, Roll, Milk AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water	22 MORNING SNACK: Carrots w/Ranch, Saltines LUNCH: Cheese Burgers w/Bun, Corn, Mandarin Oranges, Milk AFTERNOON SNACK: Chex Mix, Bananas, Water	23 MORNING SNACK: Goldfish, Apple Slices LUNCH: Taco Salad, Applesauce, Milk AFTERNOON SNACK: Blueberries, Rice Cakes, Water	24 MORNING SNACK: Yogurt, Raisins LUNCH: Macaroni & Cheese w/Chicken, Green Beans, Mixed Fruit, Milk AFTERNOON SNACK: Orange Slices, Animal Crackers, Water	25 MORNING SNACK: Animal Crackers, Bananas LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water																																																																																																																
28 MORNING SNACK: Graham Crackers, Banana LUNCH: Spaghetti Alfredo w/Chicken, Green Beans, Mixed Fruit, Milk AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water	29 MORNING SNACK: Carrots w/Ranch, Saltines LUNCH: Spaghetti w/Meat Sauce, Green Beans, Mixed Fruit, Milk AFTERNOON SNACK: Chex Mix, Bananas, Water	30 MORNING SNACK: Goldfish, Apple Slices LUNCH: Chef Salad w/Turkey, Mixed Fruit, Saltines, Milk AFTERNOON SNACK: Blueberries, Rice Cakes, Water	<table border="1"> <thead> <tr> <th colspan="7">Aug 2020</th> <th colspan="7">Oct 2020</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> </tr> <tr> <td>31</td><td></td><td></td><td></td><td></td><td></td><td></td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>		Aug 2020							Oct 2020							M	T	W	T	F	S	S	M	T	W	T	F	S	S						1	2					1	2	3	4	3	4	5	6	7	8	9	5	6	7	8	9	10	11	10	11	12	13	14	15	16	12	13	14	15	16	17	18	17	18	19	20	21	22	23	19	20	21	22	23	24	25	24	25	26	27	28	29	30	26	27	28	29	30	31	31													
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Breakfast: Monday-Bagel, Creme Cheese, Mandarin Oranges, Milk / Tuesday-Pancakes, Peaches, Milk / Wednesday-Sausage Biscuit, Banana, Milk / Thursday-English Muffin, Cheese, Peaches, Milk / Friday- Rice Chex, Apple Slices, Milk