

The Children's Academy

March 2023 Breakfast, Lunch, and Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<table border="1"> <thead> <tr> <th colspan="7">Feb 2023</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	Feb 2023							M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28						<table border="1"> <thead> <tr> <th colspan="7">Apr 2023</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> </tr> <tr> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> </tr> <tr> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> </tr> <tr> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> </tr> </tbody> </table>	Apr 2023							M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	<p>1</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Chef Salad w/Turkey, Mixed Fruit, Saltines, Milk</p> <p>AFTERNOON SNACK: Mixed Vegetables and Club Crackers, Water</p>	<p>2</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Soft Tacos, Corn, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>3</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>
Feb 2023																																																																																																						
M	T	W	T	F	S	S																																																																																																
		1	2	3	4	5																																																																																																
6	7	8	9	10	11	12																																																																																																
13	14	15	16	17	18	19																																																																																																
20	21	22	23	24	25	26																																																																																																
27	28																																																																																																					
Apr 2023																																																																																																						
M	T	W	T	F	S	S																																																																																																
					1	2																																																																																																
3	4	5	6	7	8	9																																																																																																
10	11	12	13	14	15	16																																																																																																
17	18	19	20	21	22	23																																																																																																
24	25	26	27	28	29	30																																																																																																
<p>6</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Baked Potato w/Cheese, Broccoli, Peaches, Roll, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>7</p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Spaghetti w/Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>8</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Taco Salad, Applesauce, Milk</p> <p>AFTERNOON SNACK: Mixed Vegetables and Club Crackers, Water</p>	<p>9</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Macaroni & Cheese w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>10</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		
<p>13</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Spaghetti Alfredo w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>14</p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Cheese Burgers w/Bun, Corn, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>15</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Chef Salad w/Turkey, Mixed Fruit, Saltines, Milk</p> <p>AFTERNOON SNACK: Mixed Vegetables and Club Crackers, Water</p>	<p>16</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Soft Tacos, Corn, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>17</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		
<p>20</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Baked Potato w/Cheese, Broccoli, Peaches, Roll, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>21</p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Spaghetti w/Meat Sauce, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>22</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Taco Salad, Applesauce, Milk</p> <p>AFTERNOON SNACK: Mixed Vegetables and Club Crackers, Water</p>	<p>23</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Macaroni & Cheese w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>24</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Turkey Sandwiches, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		
<p>27</p> <p>MORNING SNACK: Graham Crackers, Banana</p> <p>LUNCH: Spaghetti Alfredo w/Chicken, Green Beans, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Apple Slices, Ritz Crackers, Water</p>	<p>28</p> <p>MORNING SNACK: Carrots w/Ranch, Saltines</p> <p>LUNCH: Cheese Burgers w/Bun, Corn, Mandarin Oranges, Milk</p> <p>AFTERNOON SNACK: Chex Mix, Bananas, Water</p>	<p>29</p> <p>MORNING SNACK: Goldfish, Apple Slices</p> <p>LUNCH: Chef Salad w/Turkey, Mixed Fruit, Saltines, Milk</p> <p>AFTERNOON SNACK: Mixed Vegetables and Club Crackers, Water</p>	<p>30</p> <p>MORNING SNACK: Yogurt, Raisins</p> <p>LUNCH: Soft Tacos, Corn, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Orange Slices, Animal Crackers, Water</p>	<p>31</p> <p>MORNING SNACK: Animal Crackers, Bananas</p> <p>LUNCH: Cheese Pizza, Carrot Sticks, Mixed Fruit, Milk</p> <p>AFTERNOON SNACK: Mandarin Oranges, Cheerios, Water</p>																																																																																																		

Breakfast: Monday-Bagel, Creme Cheese, Mandarin Oranges, Milk / Tuesday-Pancakes, Peaches, Milk / Wednesday-Sausage Biscuit, Banana, Milk / Thursday-English Muffin, Cheese, Peaches, Milk / Friday-Rice Chex, Apple Slices, Milk